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Beauty & the Beast Recipe

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Published on 17th Oct, 2025

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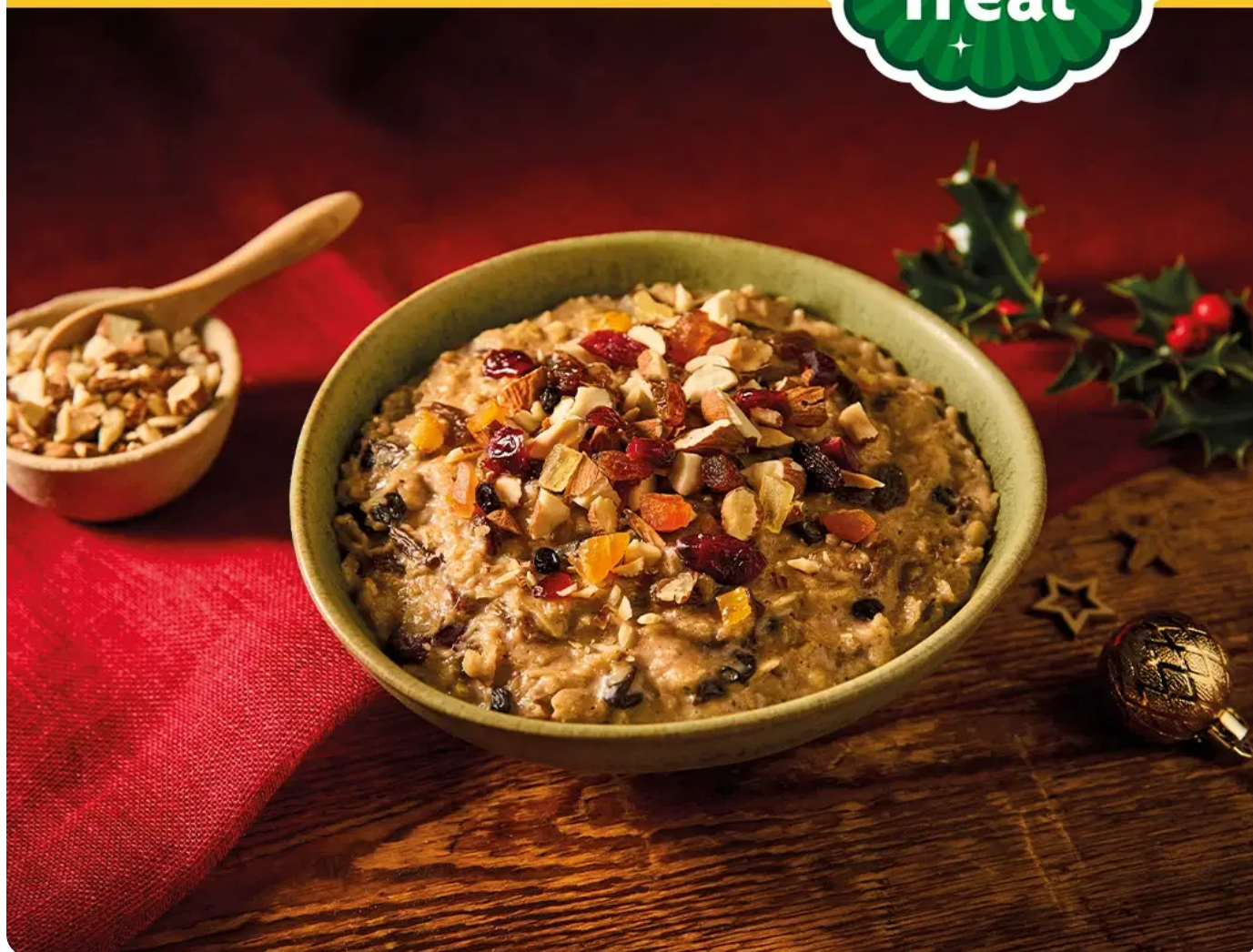
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Classic Winter Porridge

Prep: 5 mins

Cook: 10 mins

Serves: 4-6



On cold winter days, Belle likes to curl up by a cozy fire. The brown sugar and dried fruits in this spiced porridge are just as warming.

Ingredients

- [950ml milk](#)
- [180g porridge oats](#)
- [240g dried fruit mix, like raisins, cranberries and apricots](#)
- [1 ½ tsp ground cinnamon](#)
- [½ tsp ground ginger](#)
- [¼ tsp ground nutmeg](#)
- [¼ tsp ground cloves or allspice](#)
- [2 drops vanilla extract](#)
- [5 tbsp golden syrup](#)
- [Chopped nuts, to garnish](#)
- 500ml water

Method

1. Ask for an adult's help with the stove. Warm the milk over medium heat in a large saucepan. Stir in the oats and cook for about 5 minutes, stirring constantly.
2. Stir in the fruit, spices, vanilla extract, brown sugar, and water. Turn the heat down to medium-low and simmer for 5 more minutes.
3. Portion out into 4 to 6 individual bowls. Top with chopped nuts and enjoy!

Tip: You can add a tablespoon of your favourite jam or even a splash of Stitch's Recipe for a different flavour.

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